



Parents by Choice



2423 W. March Lane, Suite 200 Stockton, CA 95207

2019 Free Positive Parenting Program *6 Sessions*

Free Childcare

Equipped for children 12 months to 10 years old – Space is limited

Course: Co-Parenting: Family Transitions – For Parents who are experiencing distress from separation or divorce

Class: Every **Monday & Tuesday** **5:30PM – 7:00PM**
Dates: Jan. 07, 08, 14, 15, 22, 28

Course: Pathway Triple P – For Parents who are experiencing stress and can benefit from anger management techniques and other behavioral strategies to improve a parent's ability to cope with raising children

Class: Every **Wednesday & Thursday** **6:00PM – 7:30PM**
Dates: Jan. 09, 10, 16, 17, 23, 24

Course: Group Triple P – For Parents of Children 0 – 12

Class: Every **Thursday** **5:30PM – 7:00PM**
Dates: Jan. 17, 24, 31 Feb. 07, 14, 21

Course: Teen Triple P – For Parents of Teenagers who can benefit from support with managing their teenagers "risky" behaviors

Class: Every **Monday & Tuesday** **5:30PM – 7:00PM**
Dates: Feb. 04, 05 Feb. 11, 12, 19, 25

Sponsored by



For more information online go to www.parentsbychoice.net/positiveparenting.

To register contact the Triple P Program Manager

Joseph Thomas at (209) 478-4554 ext. 1004

