



Parents by Choice



2423 W. March Lane, Suite 200 Stockton, CA 95207

Triple P - Positive Parenting Program FREE

6 Week Sessions

Free Childcare

Equipped for children 12 months and older – Space is limited

Course: Co-Parenting: Family Transitions – For Parents who are experiencing distress from separation or divorce

Class Dates: Every **Monday** **5:30PM – 7:00PM**

Session 1: Sept. 10, 17, 24 Oct. 01, 08, 15

Course: Teen Triple P – For Parents of Teenagers who can benefit from support with managing their teenagers “risky” behaviors

Class Dates: Every **Tuesday** **5:30PM – 7:00PM**

Session 1: Sept. 11, 18, 25 Oct. 02, 09, 16

Course: Pathway Triple P – For Parents who are experiencing stress and can benefit from anger management techniques and other behavioral strategies to improve a parent’s ability to cope with raising children

Class Dates: Every **Wednesday** **6:00PM – 7:30PM**

Session 1: Sept. 12, 19, 26 Oct. 03, 10, 17

Course: Group Triple P – For Parents of Children 0 – 10

Class Dates: Every **Thursday** **5:30PM – 7:00PM**

Session 1: Sept. 13, 20, 27 Oct. 04, 11, 18



For more information online go to www.parentsbychoice.net/positiveparenting.

To **register** contact the Triple P Program Manager
Joseph Thomas at (209) 478-4554 ext. 1004

