



# Parents by Choice



2423 W. March Lane, Suite 200 Stockton, CA 95207

## Free Positive Parenting Program *6 Week Sessions*

### *Free Childcare*

*Equipped for children 12 months and older – Space is limited*

**Course: Pathway Triple P – For Parents who are experiencing stress and can benefit from anger management techniques and other behavioral strategies to improve a parent's ability to cope with raising children**

Class Dates: Every **Monday**

Session 1: Jan. 08, 22, 29 Feb. 05, 12

**Course: Teen Triple P – For Parents of Teenagers who can benefit from support with managing their teenagers "risky" behaviors**

Class Dates: Every **Tuesday**

Session 1: Jan. 16, 23, 30 Feb. 06, 13, 20

**Course: Standard Triple P – For Parents of Children 0 – 12**

Class Dates: Every **Wednesday**

Session 1: Jan. 17, 24, 31 Feb. 07, 14, 21

Sponsored by



**Course: Co-Parenting: Family Transitions – For Parents who are experiencing distress from separation or divorce**

Class Dates: Every **Thursday**

Session 1: Jan. 18, 25 Feb. 01, 08, 15, 22

**All Class Times: 6:30PM – 8:00PM**

For more information online go to [www.parentsbychoice.net/positiveparenting](http://www.parentsbychoice.net/positiveparenting).

To register contact the Triple P Program Manager

Joseph Thomas at (209) 478-4554 ext. 1004

