



# Parents by Choice



2423 W. March Lane, Suite 200

Stockton, CA 95207

## Triple P - Positive Parenting Program FREE

### *6 Week Sessions*

#### *Free Childcare*

*Equipped for children 12 months and older – Space is limited*

**Course: Pathway Triple P – For Parents who are experiencing stress and can benefit from anger management techniques and other behavioral strategies to improve a parent's ability to cope with raising children**

Class Dates: Every **Tuesday**      **5:30PM – 7:00PM**

Session 1:      Apr. 24 May 01, 08, 15, 22, 29

**Course: Teen Triple P – For Parents of Teenagers who can benefit from support with managing their teenagers "risky" behaviors**

Class: Every **Tuesday**      **6:30PM – 8:00PM**

Session 1:      Apr. 24, May 01, 08, 15, 22, 29

**Course: Standard Triple P – For Parents of Children 0 – 12**

Class Dates: Every **Wednesday**      **6:30PM – 8:00PM**

Session 1:      Apr. 25 May 02, 09, 16, 23, 30

**Course: Co-Parenting: Family Transitions – For Parents who are experiencing distress from separation or divorce**

Class Dates: Every **Monday**      **6:30PM – 8:00PM**

Session 1:      Apr. 16, 23, 30 May 07, 14, 21

Class Dates: Every **Thursday**      **6:30PM – 8:00PM**      :

Session 2:      Apr. 26 May 03, 10, 17, 24, 31



For more information online go to [www.parentsbychoice.net/positiveparenting](http://www.parentsbychoice.net/positiveparenting).

To register contact the Triple P Program Manager

Joseph Thomas at (209) 478-4554 ext. 1004

